

# SUNSET TRACK & FIELD 2024 SCHEDULE OF EVENTS

## FEB/MARCH 2024

OFFICIAL MANDATORY PRACTICES BEGIN – ATHLETIC CLEARANCE REQUIRED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Week 1	26 1 <sup>st</sup> Day Practice at 3:00	27 Practice at 3:00	28 Practice at 3:00	29 Practice at 3:00	1 Practice at 3:00	2
3 Week 2	4 Practice at 3:00	5 Practice at 3:00	6 Practice at 3:00	7 Practice at 3:00	8 Practice at 3:00	9
10 Week 3	11 Practice at 3:00	12 Pre-Meet Meetings Girls 2:40, Boys 2:55 Practice at 3:05	13 <b>Dual Meet Sunset @ Jesuit</b>	14 PR Meeting in the Main Gym at 2:55, practice after.	15 Practice at 3:00	16
17 Week 4	18 Practice at 3:00	19 Practice at 3:00	20 <b>BYE Week</b> Practice at 3:00	21 <b>Sam Barlow Invitational Select Varsity** Optional Practice</b>	22 Practice at 3:00	23 <b>Spring Break</b>
24 Week 5 Spring Break	25 Spring Break	26 Spring Break	27 Spring Break	28 Spring Break	29 Spring Break	30 Spring Break

## APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Week 6 Spring Break	1 Practice at 3:00	2 Pre-Meet Meetings Girls 2:40, Boys 2:55 Practice at 3:05	3 <b>Dual Meet Sunset @ Mountainside</b>	4 PR Meeting in the Main Gym at 2:55, practice after.	5 <b>Sunset Team Challenge</b>	6
7 Week 7	8 Practice at 3:00	9 Pre-Meet Meetings Girls 2:40, Boys 2:55 Practice at 3:05	10 <b>Dual Meet Aloha @ Sunset</b>	11 PR Meeting in the Main Gym at 2:55, practice after.	12 Practice at 3:00	13 <b>@ Sherwood Invitational Select Varsity**</b>
14 Week 8	15 Practice at 3:00	16 Pre-Meet Meetings Girls 2:40, Boys 2:55 Practice at 3:05	17 <b>Dual Meet Sunset @ Southridge</b>	18 PR Meeting in the Main Gym at 2:55, practice after.	19 Practice at 3:00	20
21 Week 9	22 Practice at 3:00	23 Practice at 3:00	24 <b>Dual Meet Westview @ Sunset</b>	25 Practice at 3:00	26 <b>@ Jesuit Twilight Relays Select Varsity**</b>	27

## MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Week 10	29 Practice at 3:00	30 Pre-Meet Meetings Girls 2:40, Boys 2:55 Practice at 3:05	1 <b>Dual Meet Beaverton @Sunset</b>	2 PR Meeting in the Main Gym at 2:55, practice after.	3 <b>JV Districts @ Sunset*</b> Varsity Practice at 3:00	4
5 Week 11	6 Practice at 3:00 <i>District Qualifiers Only</i>	7 Practice at 3:00 <i>District Qualifiers Only</i>	8 <b>Varsity Districts Day 1 @ BHS</b>	9 Practice at 3:00 <i>District Qualifiers Only</i>	10 <b>Varsity Districts Day 2 @ BHS</b>	11
12 Week 12	13 Practice at 3:00 <i>State Qualifiers Only</i>	14 Practice at 3:00 <i>State Qualifiers Only</i>	15 Practice TBD <i>State Qualifiers Only</i>	16 Practice TBD <i>State Qualifiers Only</i>	17 <b>State Meet @ Hayward Field</b>	18 <b>State Meet @ Hayward Field</b>
19	20	21	22	23	24	25

\* Schools are limited in entries for JV districts. \*\*Non-invite competitors will have practice at normal time