

SUNSET TRACK & FIELD 2025 SCHEDULE OF EVENTS

MARCH 2025 OFFICIAL MANDATORY PRACTICES BEGIN – ATHLETIC CLEARANCE REQUIRED - MEETS ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Week 1	3 1 st Day Practice at 3:45	4 Practice at 3:45	5 Practice at 3:45	6 Practice at 3:45	7 Practice at 3:45	8
9 Week 2	10 Girls Uniform AT Check out 2:45 Practice at 3:45	11 Octathlon Day 1 Practice at 3:45	12 Fundraiser lower commons 3:45 Practice at 4:15	13 Octathlon Day 2 Practice at 3:45	14 Boys Uniform AT Check out 2:45 Practice at 3:45	15
16 Week 3	17 Practice at 3:45	18 Pre-Meet Meetings Girls 3:40, Boys 3:55 Practice at 4:05	19 Dual Meet Aloha @ Sunset	20 PR Meeting in the Main Gym at 3:45, practice after.	21 Practice at 3:45	22 Spring Break
23 Week 4 Spring Break	24 Spring Break	25 Spring Break	26 Spring Break	27 Spring Break	28 Spring Break	29 Spring Break

APRIL 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Week 5 Spring Break	31 Practice at 3:45	1 Pre-Meet Meetings Girls 3:40, Boys 3:55 Practice at 4:05	2 Dual Meet Sunset @ Westview	3 PR Meeting in the Main Gym at 3:45, practice after.	4 Practice at 3:45	5
6 Week 6	7 Practice at 3:45	8 Pre-Meet Meetings Girls 3:40, Boys 3:55 Practice at 4:05	9 Dual Meet Southridge @ Sunset	10 PR Meeting in the Main Gym at 3:45, practice after.	11 Practice at 3:45	12
13 Week 7	14 Practice at 3:45	15 Pre-Meet Meetings Girls 3:40, Boys 3:55 Practice at 4:05	16 Dual Meet Sunset @ Beaverton	17 PR Meeting in the Main Gym at 3:45, practice after.	18 Sunset Team Challenge @Sunset Select Varsity**	19
20 Week 8	21 Practice at 3:45	22 Practice at 3:45	23 BYE WEEK Practice at 3:45	24 Practice at 3:45	25 Twilight Relays Very Select Varsity**	26
27 Week 9	28 Practice at 3:45	29 Pre-Meet Meetings Girls 3:40, Boys 3:55 Practice at 4:05	30 Dual Meet Sunset @ Mountainside	1 Practice at 3:45	2 @ Lincoln Cardinal Invite Select Varsity**	3

MAY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 Week 10	5 Practice at 3:45	6 Practice at 3:45	7 BYE WEEK Practice at 3:45	8 Practice at 3:45	9 Practice at 3:45	10
11 Week 11	12 Practice at 3:45	13 Pre-Meet Meetings Girls 3:40, Boys 3:55 Practice at 4:05	14 Dual Meet Jesuit @Sunset (Senior Night)	15 PR Meeting in the Main Gym at 3:45, practice after.	16 JV Districts @Westview Varsity Practice at 3:00	17
18 Week 12	19 Practice at 3:45 District Qualifiers Only	20 Practice at 3:00 District Qualifiers Only	21 Varsity Districts Day 1 @ Jesuit	22 Practice at 3:00 District Qualifiers Only	23 Varsity Districts Day 2 @ Jesuit	24
25 Week 13	26 Practice at 3:45 State Qualifiers Only	27 Practice at 3:45 State Qualifiers Only	28 EOY Awards time and place TBD Practice at 3:45 State Qualifiers Only	29 Practice TBD State Qualifiers Only	30 State Meet @ Hayward Field	31 State Meet @ Hayward Field

* Schools are limited in entries for JV districts. **Non-invite competitors will have practice at normal time (check w/event coaches)